/415 cont./

*511 263 Most of them are very close to the average. There is thus a kind of uniformity in the consumption of sugar, and it is probably that here, too, we are in the presence of an upper limit.

/416/ The portion of the income devoted to sugar is thus going to vary according to the size of the income and the composition of the unit of consumption. The maximum noted is 10% for No. 4, the minimum 0.3 for No. 43 (1.2 for No. 42).

*511 272 [177] The same uniformity does not exist for sweetened condensed milk. Its use is spreading more and more, but all the same there are ten families who do not consume it at all.

The average consumption was established, for one man, at 589 grams per month for the 43 families, at 767 if one eliminates those that do not consume any.

Fourteen families out of 33 are above this average, only four of whom are in the top of the table. And, as in the case of vegetables, these 24 families are precisely the least numerous. The largest theoretical composition of the unit of consumption among these 24 families is that of No. 38, 10.5. But this is for an income of 50,000 francs per month. The next maximum is 8.6 for No. 29. Here, too, the size of the unit of consumption is essential.

Twenty-seven families utilize fresh milk besides or to supplement the condensed milk. Only two did not consume either one. But this consumption of fresh milk is quite limited; the average, solely for the utilizers, is 1.1 liters. It is habitual in only one case, No. 42, where a liter is bought every day. Moreover there is no periodicity anywhere. Fresh milk is therefore not used systematically for only breakfast. It is preferably [264] utilized for the rice mush that many families like to eat in the [855] afternoon. It is then reserved for women and children. This is the only point where we found a special diet for children, except from time to time when a mango or guava is bought solely for them.

[435] Fresh milk costs more proportionally than condensed milk: 40 francs a liter as against 40 francs for a case of 400 grams of Nestlé milk.